

Teens Make a Difference!



What is volunteering?

Volunteering is defined as a service performed, without compensation, for the benefit of a community or its Institutions. Acceptable volunteer hours include: social, health, welfare and educational services ; legal assistance and other counseling services; library, recreational and other similar services; conservation, maintenance, or restoration of natural resources, community betterment or beautification; anti-pollution and environmental quality efforts; weatherization activities; and economic development.

Why should I volunteer?

Career Development— Build your résumé, develop and learn new skills, and explore career options

Understand Your Community— Increase your social awareness and learn about the population you are serving

Self Esteem— You will gain self confidence, and develop a sense of independence and purpose as you are challenged to discover new talents and strengths

Networking— Be an active member of the community and meet a diverse group of fun and energetic people

Help Others— Make a difference in someone's life by giving your time and talents

Teens Make a Difference

Is an annual award ceremony hosted by Inland Center Mall in San Bernardino, which recognizes local high school students who have volunteered during the past year. Students must have a validated timesheet that reflects their volunteer service hours. Awards levels are as follows:

- All students who volunteer are recognized for their community service hours with a personalized Teens Make a Difference certificate.
- All students who complete **25 hours or more** of volunteer service are recognized for their efforts at a special ceremony where they receive a personal Teens Make a Difference certificate and a recognition gift.
- **100 hours or more** receive all of the above and a school service letter, or star pin if they've already received a school letter for community service.* * Only participating schools
- **250 hours or more** receive all of the above, certificate(s) from their district's elected official(s), a Presidential Service Award, and their Teens Make a Difference certificate in a plaque.
- **Top Dawg**—The teen with the most volunteer hours receives all of the above, and a special gift.
- **Top School**—The school with the highest amount of volunteer hours is awarded the Teens Make a Difference perpetual trophy to display for the school year.

How do I get started?

Simply download a Teens Make a Difference timesheet from our website, www.ArrowheadUnitedWay.org, and use it every time you volunteer!

To find volunteer opportunities visit our Volunteers United search engine on our website. Examples of volunteer locations are: your church, YMCA, Boys and Girls Club, the Humane Society, or other school service activities.

Make sure to keep your timesheet and have the volunteer supervisor sign it every time you volunteer to verify your hours!

Turn in your time sheet to your school site coordinator by the deadline to be recognized in the annual ceremony.



ARROWHEAD UNITED WAY

646 North D Street • PO Box 796 • San Bernardino, CA 92402-0796 • P 909/884-9441 • F 909/885-4096 • www.ArrowheadUnitedWay.org